

Year: 1 Subject: RSHE Block 1 Relationships

Unit: Families and people who care for me; Caring friendships; Respectful relationships

Overview:

During this sequence of learning, pupils will recognise special people in their lives, what makes them special and how special people care for one another. They will consider the importance of listening to other people and playing and working cooperatively, including understanding simple strategies to resolve disagreements through negotiation. They will identify and respect differences and similarities between people and look at how we can celebrate this.

| What should I already know? | Vocabulary: | |
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| Taking turns and sharing resources. Taking account of one another's ideas about how to organise an activity. Awareness of my own feelings and know some actions or words can hurt others' feelings. A sense of my own immediate family and relations. Some of the things that make me unique, and talk about some of the similarities and differences in relation to my friends or family. Enjoying joining in with family customs and routines. | Special Love | More important to you than other people or things Strong feeling of affection for another person |
| What will I know by the end of the unit? | Care | Look after and show concern |
| Who are my special people, what makes them special to me and things I can do to help the people who look after me. Understand how important friendships are in making me feel happy and secure. To listen to others and manage conflict, even when I have | Communication | for somebody's wellbeing Passing information to another person by talking, writing or drawing |
| strong feelings and a different view to my friends. The difference between right and wrong, what is fair or unfair and what is kind or unkind. For example, a kind act | Friendship | Close relationship between two people |
| would be looking after a friend who is hurt; an unkind act would be not letting someone join in your play. • Why rules are important to help us play and work | Differences | The way in which things are unlike each other |
| successfully together to achieve something. Why Are Rules Important? | Similarities | Features that make things alike |
| To help process To help personal from the person | Unique | Only one of its kind |
| Recognise, understand and respect that all families are different but share the same values of love and care. Identify and respect the differences and similarities between people. For example, we live in the same community but families may have different beliefs or cultures. I am unique; there is only one you. | Respect | To have a good opinion of someone's character or ideas |