


## Knowledge Organiser

**Year: 1 Subject: RSHE Block 2 Being Safe and My Body**

Overview:																			
<p>During this sequence of learning, pupils will identify the people who look after them, who to go to if they feel worried and how to attract their attention if needed. They will learn to correctly name the main parts of the body, including external genitalia using scientific terms.</p>																			
What should I already know?	Vocabulary:																		
<ul style="list-style-type: none"> <li>Talk about how I and others show feelings, talk about my own and others' behaviour, and its consequences, and know that some behaviour is unacceptable.</li> <li>Know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.</li> <li>Understand the concept of privacy, including the right to keep things private and the importance of respecting another person's right to privacy.</li> <li>Correctly name and position some main body parts.</li> </ul>	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%; padding: 5px;">Feeling</td> <td style="padding: 5px;">An emotional state or reaction</td> </tr> <tr> <td style="padding: 5px;">Emotion</td> <td style="padding: 5px;">A strong feeling about something or towards something</td> </tr> <tr> <td style="padding: 5px;">Problem</td> <td style="padding: 5px;">Something that needs to be dealt with or solved</td> </tr> <tr> <td style="padding: 5px;">Attention</td> <td style="padding: 5px;">To take notice or to get someone else to take notice of something</td> </tr> <tr> <td style="padding: 5px;">Help</td> <td style="padding: 5px;">To make it easier or possible for someone to do something</td> </tr> <tr> <td style="padding: 5px;">Safe</td> <td style="padding: 5px;">Being protected from harm or risk</td> </tr> <tr> <td style="padding: 5px;">Private</td> <td style="padding: 5px;">Something just for you that no one else can see</td> </tr> <tr> <td style="padding: 5px;">Penis</td> <td style="padding: 5px;">A male genital organ</td> </tr> <tr> <td style="padding: 5px;">Vulva</td> <td style="padding: 5px;">A female genital organ</td> </tr> </table>	Feeling	An emotional state or reaction	Emotion	A strong feeling about something or towards something	Problem	Something that needs to be dealt with or solved	Attention	To take notice or to get someone else to take notice of something	Help	To make it easier or possible for someone to do something	Safe	Being protected from harm or risk	Private	Something just for you that no one else can see	Penis	A male genital organ	Vulva	A female genital organ
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What will I know by the end of the unit?																			
<ul style="list-style-type: none"> <li>Know the people that can help look after me and a range of different people I can ask for help, including how to ask for help if I need to.</li> </ul>																			
 <ul style="list-style-type: none"> <li>Understand everyone experiences problems sometimes, some feel big and some feel small, but whatever the problem it is okay to ask for help to deal with it especially if it is making me feel upset, scared or in pain.</li> <li>Correct names for the main parts of the body (including external genitalia) and the bodily similarities and differences between boys and girls.</li> <li>Understand everyone has parts of their body that are private, not shown to everyone and are often covered with underwear.</li> </ul>	