




Knowledge Organiser

Year: 2 Subject: RSHE Block 2 Being Safe and My Body

Overview:	
<p>During this sequence of learning, pupils will look at judging what kind of physical contact is acceptable, comfortable or uncomfortable and how to respond. They will understand how they grow and will change as they become older.</p>	
What should I already know?	Vocabulary:
<ul style="list-style-type: none"> The concept of privacy, including the right to keep things private and the importance of respecting another person's right to privacy. Understand everyone has parts of their body that are private, not shown to everyone and are often covered with underwear. Know the people who look after me and how to attract their attention if I need to. Correct names for the main parts of the body (including external genitalia) and the bodily similarities and differences between boys and girls. 	<p>Touch</p> <p>Putting your hand on another part of your body on someone else</p>  <p>Comfortable</p> <p>Relaxed and pleasant feeling</p>
What will I know by the end of the unit?	
<ul style="list-style-type: none"> There are different kinds of touch. Some touching feels nice depending on who is doing it, where on my body I am being touched or what mood I am in. Some touching never feels nice and if unwanted can make me feel uncomfortable. Some touching is unsafe and can make me feel worried, scared or can hurt me. I have the right to say no to any type of touching, whoever is doing it, and know how to respond to this. I can tell an adult I trust in school who will listen and help me make the unwanted touching stop. There is an area around me it may feel uncomfortable for other people to be in; this is called my personal space. Everyone has different levels of comfort and need around personal space and this is OK. A baby can be made in different ways, most often it is when a man and woman have a special adult cuddle, where something amazing happens that makes one of the eggs inside the mummy's body grow. The egg grows for nine months and then the baby is born. 	<p>Uncomfortable</p> <p>Not pleasant and enjoyable</p> <p>Privacy</p> <p>Keeping personal things about me to myself</p> <p>Personal space</p> <p>The area around me it may feel uncomfortable for others to be in</p> <p>Newborn</p> <p>A baby who has recently been born</p> <p>Growing</p> <p>Increasing in size, strength and changing physically</p>  <p>Developing</p> <p>Process of growing and becoming more mature, including gaining more skills</p>
<ul style="list-style-type: none"> I know how I have grown and changed since I was born. We all grow and develop differently because we are all different. I know how I might change as I get older. I will change physically, mentally and emotionally so I can prepare for the next stage in my life. 	