

Year: 2 Subject: RSHE Block 1 Relationships

Unit: Families and people who care for me; Caring friendships; Respectful relationships

## Overview:

During this sequence of learning, pupils will identify the ways in which people and families are unique, understanding there has never been and will never be another them. They will look at the difference between secrets and surprises and the importance of not keeping a secret that makes them feel uncomfortable, worried or afraid. They will recognise and celebrate their strengths and achievements, setting themselves simple but challenging goals.

What should I already know?	Vocabulary:	
<ul> <li>Who is special to me, what makes them special and how I can care for them.</li> <li>Understand the importance of listening to other people</li> </ul>	Different	Not the same as another or each other
<ul> <li>including playing and working together.</li> <li>Know how to solve disagreements through negotiation.</li> <li>Be able to identify and respect differences and similarities</li> </ul>	Special	More important to you than other people or things
between people and we can celebrate this.	Unique	Only one of its kind
What will I know by the end of the unit?	Love	Strong feeling of affection
<ul> <li>I am special and unique, there has never been and never will be another me.</li> </ul>		for another person
<ul> <li>My family tree and what makes my family different and special.</li> </ul>	Care	Look after and show concern for somebody's wellbeing
	Secret	Something meant to be kept unknown or unseen by others
<ul> <li>The best thing about belonging to my family and how I fit in.</li> </ul>	Surprised	The feeling when something has happened you didn't expect
<ul> <li>How a surprise makes me feel and what emotions come with a surprise.</li> <li>How secrets can feel uncomfortable and it is important not to keep a secret that makes me feel worried or afraid.</li> </ul>	Excited	Feeling very happy and enthusiastic
<ul> <li>Worries are sometimes easier to write down than say.</li> <li>How to give and receive a compliment graciously, accepting a compliment to boost my self-esteem and feel good about</li> </ul>	Worried	Anxious about what is happening or might happen
<ul> <li>myself.</li> <li>The importance of setting personal goals and giving myself something to work hard towards, both in the short term</li> </ul>	Self-esteem	How you feel about yourself, confidence in your abilities
and further into the future.	Self-respect	To value yourself, a feeling you deserve to be treated well