


Knowledge Organiser

Year: 3

Subject: RSHE Block 2 Being Safe and My Body

| Overview: | | |
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| <p>During this sequence of learning, pupils will look at how their body may change and develop and how to celebrate their uniqueness. They will understand the right to protect themselves from unwanted touch, feeling unsafe or feeling bad.</p> | | |
| What should I already know? | Vocabulary: | |
| <ul style="list-style-type: none"> I know how I have grown and changed since I was born. We all grow and develop differently because we are all different. I know how I might change as I get older. I will change physically, mentally and emotionally so I can prepare for the next stage in my life. Understand everyone has parts of their body that are private, not shown to everyone and are often covered with underwear. Correct names for the main parts of the body (including external genitalia) and the bodily similarities and differences between boys and girls. | <p>Similar</p> <p>Unique</p> <p>Comfortable</p> <p>Uncomfortable</p> | <p>Looking or being almost, but not exactly, the same</p> <p>Only one of its kind, being special in some way</p> <p>Relaxed and pleasant feeling</p> <p>Not pleasant and enjoyable</p> |
| What will I know by the end of the unit? | | |
| <ul style="list-style-type: none"> As I grow older and mature my body will continually change throughout my life. Our bodies are all uniquely different; this is natural and we should celebrate everybody's physical uniqueness. It is never OK to be unkind to someone because their body is different in some way. <div style="text-align: center;">  </div> <ul style="list-style-type: none"> It is important to use the correct terminology when talking about my body so everybody is clear what is being discussed. My body belongs to me and I have a right to keep my body private and decide who can touch my body. I have a responsibility not to touch other people in a way that might make them feel uncomfortable. Some touching feels comfortable and nice and makes me feel happy and safe. Some touching can feel uncomfortable but is safe even though it can make me feel embarrassed or awkward. Some touching can feel uncomfortable and unsafe; this can make me feel hurt or scared. I know about the reasons why some people may need to touch my body. I know how to respond if someone touches my body without my permission. I can tell an adult I trust if someone makes me feel uncomfortable in any way so that an adult can make sure it stops happening. | <p>Penis</p> <p>Testicles</p> <p>Vulva</p> <p>Vagina</p> | <p>Scientific term for the male genital organ</p> <p>Scientific term for the two round male sex organs that produce sperm and are located in the scrotum</p> <p>Scientific term for the outer female genital organs</p> <p>Scientific term for the passage that connects a female's outer genital organs to her uterus</p> <p style="color: red;">These are the scientific terms to learn in year 3 as is statutory in the National Curriculum.</p> |