

Knowledge Organiser

**Year: 3 Subject: RSHE Block 4 Living in the Wider World**  
**Unit: Basic first aid; Environment/Community; Careers/Aspiration**

**Overview:**

During this sequence of learning, pupils will explain what first aid is and why it is important. Pupils will identify ways to improve the local community. Pupils will discuss what careers suit them and why, and identify aspirations they would like to achieve.

**What should I already know?**

- To recognise dangers, quickly identify what is an emergency situation and the importance of calling for adult help.
- How I might feel in a situation where first aid is needed. It is a good thing to stay calm in times when I feel under pressure or worried.
- There are things we can do to reduce pollution such as walk or ride a bike to school instead of using a car, not dropping litter and recycling items so they can be used again.
- An aspiration is something you hope to achieve in the future. It is important to identify goals to aim for as this will help motivate you to get better at things that will help you achieve your dreams.

**Vocabulary:**

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| Community   | A group of people who live in the same area.                                    |
| Improvement | The process of making something better.   |
| Local       | A particular small area where you live.   |
| First Aid   | Medical treatment given to a person soon after they have been hurt or fall ill. |

**What will I know by the end of the unit?**

- Learning first aid gives people vital life skills; it gives you skills to keep safe and help yourself or others when involved in a medical emergency until more help can get there.
- Before giving first aid you must make sure the situation or area is safe before you try to help.
- My community is the area around where I live or where I go to school. There may be things that I like about my community and also things I dislike. I can make a difference to my community, help to change it or improve it to make it better for everyone living there.
- By participating in an organised Careers Day, I will have a better understanding of different types of careers and what each job would involve.
- I will be able to discuss which careers might suit me and why I think this. This will help me develop aspirations for the future and goals to work towards.



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| Accident | Something bad that happens unexpectedly or unintentionally causing injury to someone or damage to something. |
| Hurt     | An injury that causes you to feel pain in a part of your body.   |
| Illness  | A disease of the body.   |
| Career   | A job that you do during your working life.  |