

Year: 5 Subject: RSHE Block 4 Living in the Wider World Unit: Basic first aid; Environment/Community; Careers/Aspiration

Overview:

During this sequence of learning, pupils will know how to identify an emergency situation. They will know what to look out for when someone needs help quickly and how to respond safely and calmly. This sequence of learning will allow pupils to participate in wider community events and represent their school within the community. This sequence will allow children to explore different careers to start thinking about what they would like to achieve in the future.

What should I already know?	Vocabulary:	
 Keeping our body clean by washing regularly will help reduce illness causing bacteria. This will lower the risk for disease. I will know that good hygiene is important because it will help to prevent infection in wounds and skin irritation. 	Risk	A situation involving an exposure to danger.
To keep a body clean and healthy you must wash your body daily, clean your teeth once a day, wash your hair with some sort of shampoo at least once a week and wash hands regularly throughout the day. Washing your clothes keeps	Safe	Protection from or not being exposed to danger and not being harmed.
 them free from disease causing germs. It is important to look after yourself first in an emergency situation because you cannot help others if you are not safe. You have a better chance to save your family after 	Emergency services	A public organisation that responds to deal with emergencies when they occur.
 saving yourself first. It is important to raise money for charities as they rely on donations from the public. Charities then use this money to improve their services. We raise money by attracting the attention of members of the public. This could be done by 		
 doing a cake sale. Members of the community will donate a cake and the money you raise will be donated to the charity. A career is a long term job. It is important to find a career that you enjoy. By participating in a careers day you will get to see what different careers are in the community. 	Careers	An occupation or job that is undertaken for a significant period of time.
 To achieve a goal in life it is important to believe in yourself. You need to work out what steps you need to take to achieve your goal. 	Environment	The surroundings or conditions where a person, plant or animal lives.
What will I know by the end of the unit?	Emanage	An amanagan aituatian is anu
 An emergency situation is a situation that risks a person's health, security, property or environment. An emergency situation is best to be resolved by professional emergency service men and women. It is important to get help from an appropriate adult in 	Emergency situation	An emergency situation is any situation that poses an immediate threat to a person's health, security, property, or environment.
 emergency situations so that they can assess the risk and prevent further emergencies from happening. It is important to stay calm in an emergency situation 	Community events	An event that is held for members of the community.

- When you stay calm in an emergency situation you are more likely to take note of your environment, find ways to help and give key information to emergency responders when asked for it. In an emergency situation dial 999.
- Community events are important because it allows people to get together and build relationships. Community events are a great way to share thoughts and ideas about a particular topic and they are a great place to get inspired to do something different.
- Careers are jobs that you enjoy. It is important to gain an
 understanding of what jobs are in the community that you
 may want to do in the future. Thinking about your hobbies
 and interests will lead you to aspire to be something you are
 interested in.

Aspire

To direct one's hopes or ambitions towards achieving something.