



**norse**  
CATERING

*Fresh Ideas Feeding Minds*

# Spring / Summer

## Menu 2024

Introducing our Spring/Summer School Lunch Menu,  
offering high quality, varied dishes using local  
and seasonal ingredients where possible!

All poultry, pork and beef we  
use are traceable right back  
to the farm and, where  
possible, sourced from  
East Anglian suppliers.

A full allergen list for this menu  
can be found on our website

[www.norsecatering.co.uk](http://www.norsecatering.co.uk)

Should your child have a medically-diagnosed allergy or  
health condition and needs an alternative menu, please  
complete our **Allergen Aware Registration Form** which  
can be found in the school office or on our website.

We use **wholewheat flour** in  
our bread and pastry recipes!

In addition to this menu, we offer a  
number of **themed menus** to  
celebrate holidays and seasonal events —  
please check details with your school.

If you think your  
child/children may be  
eligible for a  
**free school meal** visit

[www.gov.uk/apply-free-school-meals](http://www.gov.uk/apply-free-school-meals)

[www.norsecatering.co.uk](http://www.norsecatering.co.uk)

Please note the menu may be subject to change to meet local needs.



## Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza and Tomato Pasta Salad (v)	Beef Meatballs with Tomato Sauce in a Sub Roll with Potato Wedges	Roast Chicken with Stuffing, Mashed Potato and Gravy	Chicken and Sweetcorn Pasta	Breaded Fish Fingers and Chips
Hot Option 2	Tex Mex Chilli and Steamed Rice (v)	Cheese and Tomato Pasta Bake (v)	Cheese and Potato Pie with Gravy (v)	BBQ Plant Balls with Steamed Rice (v)	Tomato and Courgette Omelette and Chips (v)
Jacket Potato	Jacket Potato with Baked Beans	Jacket Potato with Cheese and Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Baked Beans	Jacket Potato with Cheese
Served with	Peas and Sweetcorn	Mixed Salad	Carrots and Green Beans	Mixed Vegetables	Peas <b>or</b> Baked Beans
And for Pudding	Orange Cupcake	Strawberry Ice Cream	Toffee Cream Shortbread	Cocoa Krispie Bar	Summer Berry Muffin
Packed Lunch	Ham <b>or</b> Cheese Sandwich, Salad Sticks, Popcorn and Orange Cupcake	Ham <b>or</b> Cheese Sandwich, Pizza Finger, Melon Wedge and Strawberry Ice Cream	Ham <b>or</b> Cheese Sandwich, Salad Sticks, Sultanas and Toffee Cream Shortbread	Ham <b>or</b> Cheese Sandwich, Sultanas, Orange Wedges and Cocoa Krispie Bar	Ham <b>or</b> Cheese Sandwich, Salad Sticks, Sultanas and Summer Berry Muffin

Week One: 15 Apr | 6 May | 3 Jun | 24 Jun | 15 Jul | 16 Sept | 7 Oct — Fresh Fruit Available Daily

## Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza and Potato Wedges (v)	Breaded Chicken Goujons in a Wrap with a Dip and Savoury Rice	Roast Chicken with Stuffing, Roast Potatoes and Gravy	Cheesy Pasta (v)	Breaded Fish Fingers and Chips
Hot Option 2	Homemade Bean Burger in a Roll with Potato Wedges (v)	Plant Sausages and Tomato Pasta (Ve)	Vegetable and Tomato Pastry Plait with Roast Potatoes and Gravy (v)	Cauliflower, Chickpea and Potato Curry with Steamed Rice (v)	Garden Vegetable Goujons and Chips (v)
Jacket Potato	Jacket Potato with Baked Beans	Jacket Potato with Cheese and Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Baked Beans	Jacket Potato with Cheese
Served with	Sweetcorn	Crunchy Veg Sticks	Carrots and Peas	Mixed Vegetables	Peas <b>or</b> Baked Beans
And for Pudding	Vanilla Cupcake	Cocoa Oatcake	Shortbread	Fruit Jelly	Cherry Bakewell Cupcake
Packed Lunch	Ham <b>or</b> Cheese Sandwich, Salad Sticks, Popcorn and Vanilla Cupcake	Ham <b>or</b> Cheese Sandwich, Pizza Finger, Melon Wedge and Cocoa Oatcake	Ham <b>or</b> Cheese Sandwich, Salad Sticks, Sultanas and Shortbread	Ham <b>or</b> Cheese Sandwich, Popcorn, Orange Wedges and Fruit Jelly	Ham <b>or</b> Cheese Sandwich, Salad Sticks, Sultanas and Cherry Bakewell Cupcake

Week Two: 22 Apr | 13 May | 10 Jun | 1 Jul | 2 Sept | 23 Sept | 14 Oct — Fresh Fruit Available Daily

## Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza and Potato Wedges (v)	Beef Bolognese with Pasta	Chipolata Sausages with Yorkshire Pudding, Mashed Potato and Gravy	BBQ Chicken with Savoury Rice	Breaded Fish Fingers <b>or</b> Salmon Fingers and Chips
Hot Option 2	Vegemince Bolognese with Pasta (v)	Loaded Tomato and Bean Bake (v)	Plant Sausages with Yorkshire Pudding, Mashed Potato and Gravy (v)	Cheese and Tomato Pasta Bake (v)	Cheese and Potato Pastry Pinwheel with Chips (v)
Jacket Potato	Jacket Potato with Baked Beans	Jacket Potato with Cheese and Beans	Jacket Potato with Tuna Mayo	Jacket Potato with Baked Beans	Jacket Potato with Cheese
Served with	Crunchy Veg Sticks	Broccoli	Mixed Vegetables	Sweetcorn	Peas <b>or</b> Baked Beans
And for Pudding	Cocoa Mousse	Lemon Shortbread	Marble Cake	Banana Flapjack	Iced Sprinkle Cake
Packed Lunch	Ham <b>or</b> Cheese Sandwich, Salad Sticks, Popcorn and Cocoa Mousse	Ham <b>or</b> Cheese Sandwich, Pizza Finger, Melon Wedge and Lemon Shortbread	Ham <b>or</b> Cheese Sandwich, Salad Sticks, Sultanas and Marble Cake	Ham <b>or</b> Cheese Sandwich, Popcorn, Orange Wedges and Banana Flapjack	Ham <b>or</b> Cheese Sandwich, Salad Sticks, Sultanas and Iced Sprinkle Cake

Week Three: 29 Apr | 20 May | 17 Jun | 8 Jul | 9 Sept | 30 Sept | 21 Oct — Fresh Fruit Available Daily