

Knowledge Organiser

Year: 1

Subject: RSHE

Unit: keeping safe

Overview:

During this sequence of learning, pupils will learn the risks of certain household products and how to make sensible decisions in relation to these. Pupils will learn about risk in relation to private information, both sharing it and keeping it. Pupils will be encouraged to think about the adults that they can trust and the part that respect plays within this. Pupils learn that their trusted adults treat them with kindness and view them as important. Pupils will consider a variety of new situations that they could find themselves in and discuss how they could minimise risk and keep themselves safe whilst still enjoying new situations and experiences. Pupils will learn the importance of speaking up and seeking help from trusted adults.

What should I already know?

- A risk is anything that could cause someone to get hurt.
- When you know what risks look like, you can stop accidents before they happen.
- Look around first to check the area is safe.
- Tell an adult if you see something broken or dangerous.
- Schools try to be safe, but accidents can still happen if hazards aren't noticed.
- Most accidents happen at home because children feel comfortable and don't always notice dangers.

What will I know by the end of the unit?

- Some things at home, like cleaning sprays or medicine, can be dangerous if used the wrong way.
- I should never touch or taste products that are not meant for children.
- I can make sensible choices by asking an adult before using something I'm unsure about.
- Private information includes my full name, address, school, passwords, and phone number.
- I should only share my private information with trusted adults, not with strangers or online.
- If I'm not sure whether to share something, I should ask a trusted adult first.
- Trusted adults are people who care about my safety, like parents, carers, teachers, or family members.
- I can talk to trusted adults when I need help or feel unsure.
- New places and activities can be fun, but I still need to think about safety.
- I can stay safe by looking around, noticing dangers, and making sensible choices.
- Speaking up helps adults understand when I need help or feel worried.
- Trusted adults can support me when I have to make difficult decisions.

Vocabulary:

Risk

The chances of something bad or dangerous happening.

adult help

A trusted grown up giving support.

private
information

Information you don't want to share. Eg- name and where you live.

Anyone you don't know well.

strangers

trust

Someone
you feel
safe with.



respect

Treating people and things by using kindness and manners.

worried

Feeling scared or thinking something might happen.

emotions

Strong feelings. Eg- joy, sadness, anger, fear



penis

Male body part

vulva

Female body part

nipples

Part of the body located on your chest.

