

Overview

In this sequence of learning pupils learn how to prepare for new relationships in secondary school by showing respect to others. They explore how racist, sexist, or disrespectful behaviour affects people. They learn to respect different relationships, communicate politely with authority, and stay calm and considerate during debates while understanding others' feelings.

What should I already know?

- Grooming is when someone tries to gain trust in unsafe ways.
- Surprises are short-term, but secrets can feel wrong.
- I can talk to a trusted adult if something feels uncomfortable.
- Role models influence us, words can hurt, boundaries keep us safe, and discrimination—treating someone unfairly—is always wrong.

What will I know by the end of the sequence?

- New friendships at secondary school can look different from the ones you have now. It's normal to have lots of feelings about new relationships. If you feel worried or upset, there are healthy ways to deal with those feelings.
- An ally is someone who supports others and stands up for what is right. Racism is when someone is treated unfairly because of their skin colour or background. We can be allies by speaking up and being kind and fair to everyone.
- Sexism is when someone is treated unfairly because they are a boy or a girl. Sexism can look like unfair rules, unkind comments, or unequal treatment. We can challenge sexism by speaking up and treating everyone equally.
- There are many kinds of relationships, and they don't all look the same. It's important to respect other people's relationships, even if they are different from yours.
- A debate is a discussion where people share different ideas. A good debate includes listening, taking turns, and speaking kindly.

Vocabulary:

Friendships



Ally



Relationships with people you like, trust, and enjoy spending time with.

Someone who supports others and stands up for what is right.

Racism



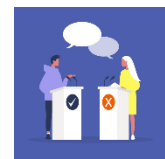
Treating someone unfairly because of their skin colour or where they come from.

Sexism



Treating someone unfairly because they are a boy or a girl.

Debate



A calm discussion where people share different ideas and listen to each other.

Authority



People who have responsibility, like teachers or police officers, and help keep others safe.

Responsibility

Something you are expected to do or take care of.

• Authority means someone who has responsibility, like a teacher or police officer. People in authority can make us feel safe, nervous, or unsure.	Unfair	When someone is not treated equally or kindly.
	Unequal	When people do not get the same chances, treatment, or respect.